

**takwâki-pîsim - The Autumn Moon  
nocihitowi-pîsim - the Mating Moon  
September, 2021**



**tansi and tawaw,**

**A warm welcome to all of our new and returning students. My name is Joanne Ladouceur and I am the Indigenous Liaison here at Centre High. Please stop by and visit me in Student Services or feel free to reach out at any of the contacts below. Each month you will receive an email copy of the Indigenous Newsletter filled with cultural, academic, community and personal support information.**

**I would like to invite you to join the Indigenous Leadership group which will be meeting on Wednesdays at lunchtime in room 317. This is a great opportunity to connect with other students, expand your cultural knowledge, build community connections and leadership skills. See additional information below.**

**Each month I would like to leave you with a cultural reflection and this month I would like to share the gifts of the direction **EAST**, from the Medicine Wheel teachings I have received. The east is the direction which offers the gifts of light, joy, hope, courage, beginnings, renewal, truthfulness, leadership, illumination and trusting in your vision. Great messages for this part of your life's journey!**

**Whatever your goals may be, know that at Centre High we provide the opportunity to move you closer to that goal with many supports and programs!**

**We are so glad you are here!**

**Joanne**

Have a great  
**National Day for Truth and Reconciliation Day**

tomorrow! Check out the following link and join

**"Drum for the Children"**

Link: <https://vimeo.com/606861755>



## **Support Team**



### **INDIGENOUS LIAISON**

Joanne Ladouceur - [calendly.com/joanne-ladouceur](https://calendly.com/joanne-ladouceur)

### **COUNSELLORS** - Last Names....

A - G .....Jacky Lam - [calendly.com/jacky-lam](https://calendly.com/jacky-lam)

H - O .....Renee Parker - [calendly.com/renee-parker](https://calendly.com/renee-parker)

P - Z .....Kayla Chorley - [calendly.com/renee-parker](https://calendly.com/renee-parker)

### **CAREER PRACTITIONERS** - Last Names....

A - G .....Suzanna Martin - [calendly.com/suzanna-martin](https://calendly.com/suzanna-martin)

H - O .....Daniel Martiuk - [calendly.com/daniel-martiuk](https://calendly.com/daniel-martiuk)

P - Z .....Fiona Olson - [calendly.com/fiona-olson](https://calendly.com/fiona-olson)

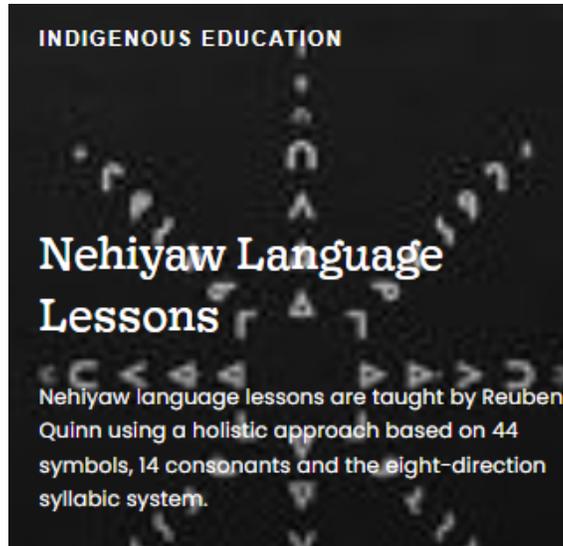
### **SOCIAL WORKER**

Patricia Sondh - [calendly.com/patricia-sondh](https://calendly.com/patricia-sondh)

# What to learn CREE??

Check out the course offered by the Centre for Race and Relations, link:

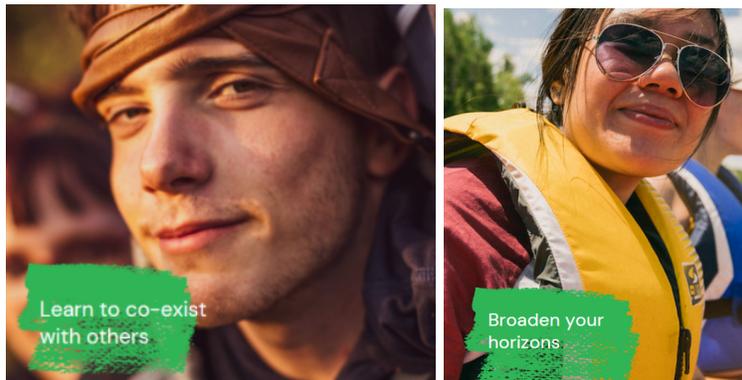
<https://cfrac.com/projects-initiatives/nehiyaw-language-lessons/>



## OPPORTUNITY!



<https://katimavik.org/en/we-offer/national-experience/>



Katimavik is expanding! Since our founding in 1977, Katimavik has existed to empower diverse youth and help them develop into engaged, caring citizens and capable contributors for a better Canada.

Our flagship program, the National Experience, is a transformative **5 month experience fully funded** by the Government of Canada during which participants share a house, learn to co-exist with others, build bridges of respect, tolerance and understanding, learn valuable skills for their careers, volunteer in local communities, and learn about Truth and Reconciliation. Youth are accompanied by a Program Leader who lives with them and guides them through their Katimavik journey.

We have always intended to build bridges and foster a sense of togetherness for all Canadians. Our ongoing commitment to Truth and Reconciliation is demonstrated in the real actions our youth take, and the fundamental togetherness that the National Experience program gives our participants. We continue to build bridges between Indigenous youth as well as those from diverse backgrounds.

**With our expansion in mind, we are reaching out to schools across Canada so that we can help a new generation make a real impact on their country.**

**We are currently accepting applications for our January and July 2022 cohorts, youth can apply now at [Katimavik.org](http://Katimavik.org)!**



(Thanks to Ms. Lisa for this information)

**WHAT TO DO AT LUNCH TIME??**

Here are a few thoughts on where our students can go for the lunch hour both while the weather is nice, but also when it gets colder. ATB tower next door has a second cup, and 4 food places, the students are free to eat bag lunches outside at the tables, but unfortunately not indoors without purchase.

**City Centre mall. Security won't ask them to leave IF they are quiet and respectful.**

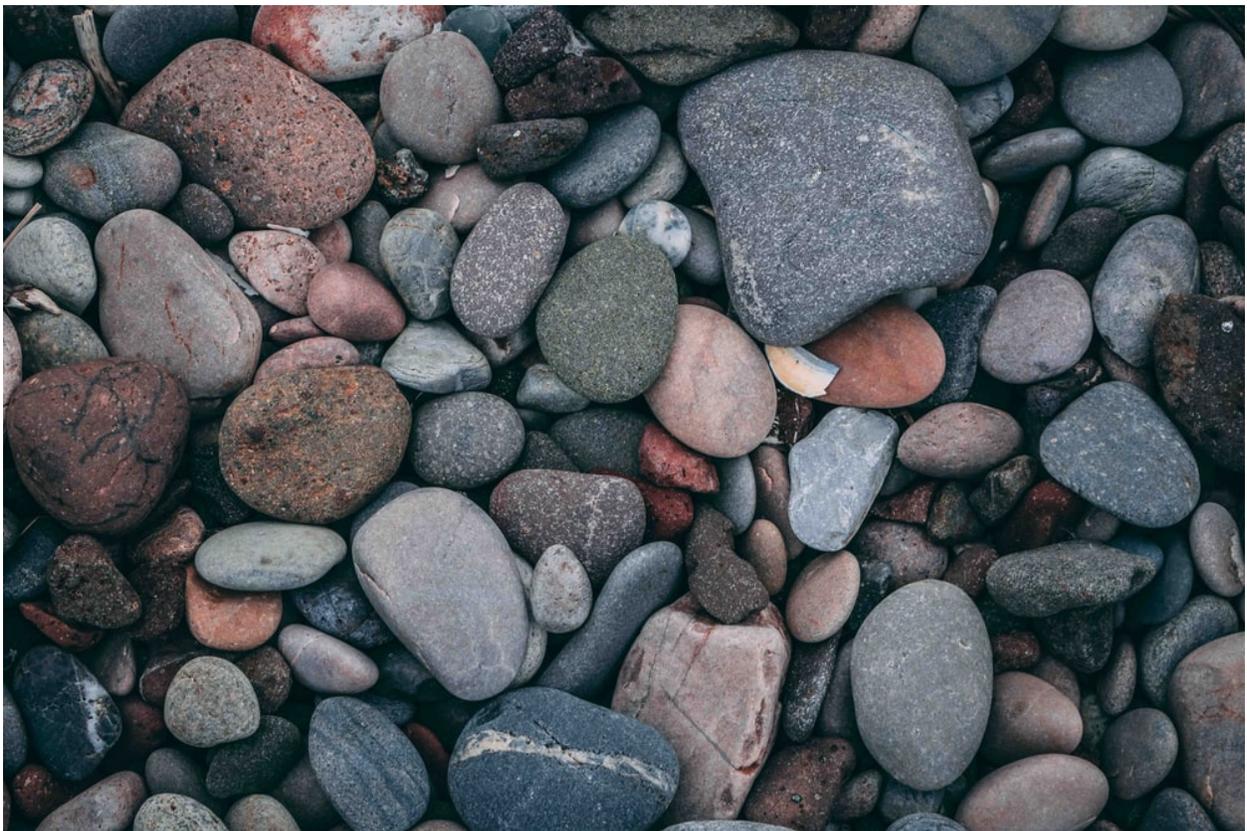
Commerce Place/Manulife Place is across the street 10155 102 St NW has a cafeteria with a few restaurants.

Library. unsure if they allow food, likely not.

Churchill Square has outdoor resting areas.

Pedway system - [map included](#). Lots of walking space both underground and through the various buildings. Security will not ask students to leave so long as they are respectful of the space and reasonable with their noise level.

The funicular and the stairs beside it lead down to a lovely sitting area. The various staircases nearby also lead to places to rest and benches.



## **INDIGENOUS LEADERSHIP GROUP**

**Everyone is Welcome!!**

**WEDNESDAYS, ROOM 318 (3RD. FLOOR)**

**11:30 - 12:30 p.m.**

