

Life doesn't get easier
or more forgiving;
we get stronger and
more resilient.

- Steve Maraboli

www.stevemaraboli.com

strength - maskawisiwin

November 30, 2020 - tansi

Welcome back to the online learning classroom (for those who were in, in-person classes)...tomorrow will mark the first day of our return to online learning following the announcement by the government last week. It is my hope that you have the technology you need to do your classwork and if you have any problems, please let us know and we will do our best to help you through.

As we journey through this new phase of COVID in our lives, Student Services is here for you and hope that you will reach out...anytime you might need an ear to listen or experience uncertainty about your next semester, next courses, future in general, in need of food or other concerns around the holidays. It is for certain that this unprecedented Christmas season may present new challenges and so I am attaching the list of Indigenous supports, shared previously and encouraging you to check it out if needed.

In order to help alleviate a few of the concerns some of you have shared, I came across the following online document and providing a few tips:

Technical Issues - **Maintain contact with your teachers.**

Distractions and Time Management - Create and maintain a schedule and attempt to identify a quiet time and location to complete classwork.

Staying Motivated - Maintain focus on the bigger goal....upgrading, diploma completion (each assignment, quiz and ultimately course completed, moves you closer to those goals). At the end of the day, look back and check mark items which you have completed. This will help provide motivation as well.

Understand course expectations - Knowing the expectations early on and discussing concerns with your teacher will help to provide clarity and assist with planning.

Lack of In-person interaction - Talking on the phone may be an option, the **WEDNESDAY** schedule may also provide time for one-on-one discussion with your teacher, check with them to find out their availability.

Adapting to Unfamiliar Technology - While this can include reaching out to technical support, remember that there are numerous answers to tech questions online or watching a video tutorial.

Uncertainty about the future - speak with an advisor in Student Support services as needed to determine whether adjustments can be made to upcoming courses or the possibility of retaking/adding to an upcoming quarter.



Regardless of the challenges that come with the transition to online classes, students should remember that assistance is available....It can be a difficult transition but it doesn't have to be because there are many people who are willing and able to help with it.

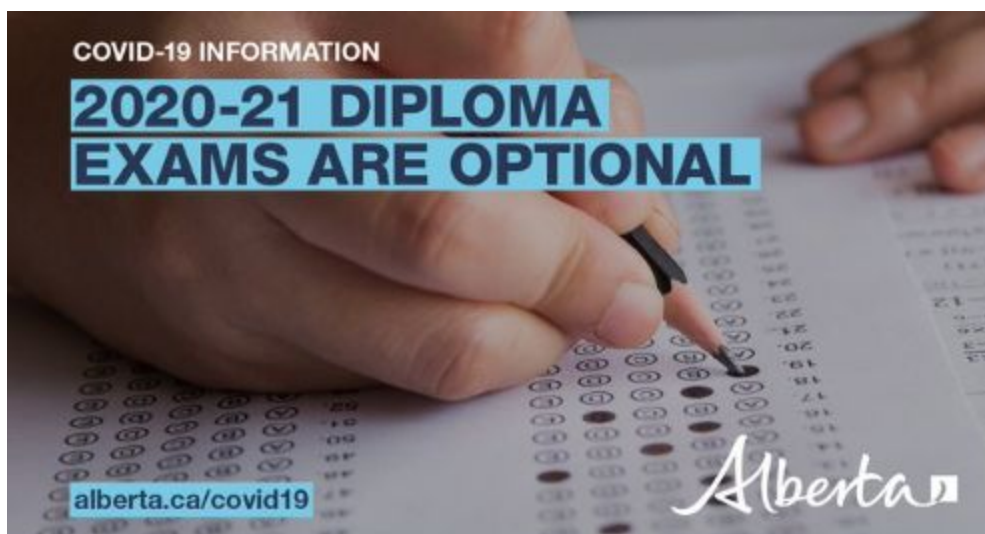
Transition Year Program



TYP - U of A

Please watch for an upcoming presentation regarding the Transition Year Program at the U of A for Indigenous students....more info to follow shortly.

The province has announced that diploma exams will be optional for the remainder of the year.



ekosi maga.....that's it....keep in touch!
Joanne



Ref:

Tackle Challenges of Online Classes Due to COVID-19

<https://www.usnews.com/education/best-colleges/articles/how-to-overcome-challenges-of-online-classes-due-to-coronavirus>