



tansi - hello and how are you?

It has finally arrived, the end of June of the year which we will all remember, throughout our lives. To all of you who have stayed the course, congratulations and carry on, to all of you who tried and decided it was better for you in class, congratulations and carry on, to all of you who were challenged, congratulations your day may be in future. Remember the tipi teaching, door always faces east to remind us that each new day provides the opportunity for a new beginning. Begin your new beginning today!

I have missed you all, alot. In Indigenous country we never say good-bye, only that we will see you later. Thank-you for allowing me to share information with you and my thoughts on things happening for you and school, it was my pleasure to do so while assisting you with your questions and responding to your "hello's".

I am attaching another copy of the Indigenous Resource Supports list in the event you might need to reach out to someone.....Monday will be my final day until next September. I want to wish you all a summer filled with positive moments.

Please know that each of you are special and we need all of your unique gifts and qualities, this will ensure a brighter future for all of us! Take care friends, stay positive, strong and healthy.....keep moving forward.

Joanne

If you require any assistance, today, tomorrow or Monday, I am still here !

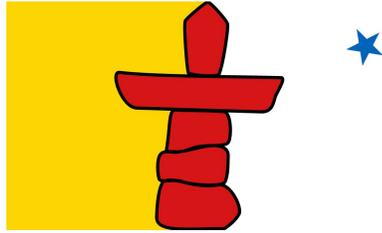
Enjoy the music!



First Nation

A Tribe Called Red Ft. Black Bear - Stadium Pow Wow (Official Video)

https://www.youtube.com/watch?v=eAEmjW9J3_o



Inuit

Elisapie - Wolves Don't Live by the Rules (feat. Joe Grass)

<https://www.youtube.com/watch?v=9fLtMcVPDVM>



Metis

Summer Afternoon - Darlene Olson

<https://www.youtube.com/watch?v=cglS-71zJJA>



Treaty No. 6 Recognition Day Art Contest

All members of Treaty No. 6 Alberta, Indigenous and non-Indigenous, are invited to submit their artwork to the Treaty No. 6 Recognition Day Art Contest.

Winners will be selected and their pieces will be exchanged as gifts between the Grand Chief and the Mayor, as a symbol of their commitment to collaboration, respectful dialogue and exploring shared opportunities. Submissions will be split into two categories: Youth (17 and under) and Adult (18 and up).

Submission deadline is July 31, 2020 at 11pm.

[Contest Rules and Guidelines](#)

Additional information here:

https://www.edmonton.ca/attractions_events/schedule_festivals_events/treaty-six-recognition-day.aspx

Mental Health Professionals

Mental Health professionals is a Question/Answer format providing mental health awareness tips and/or suicide prevention support.

Listen daily on Windspeaker Radio at 7:45am and 9:20am Daily.

http://www.cfweradio.ca/on-air/mental-health/mental-wellness/?_=38222

Includes information from,

Jacqueline Bruno *Psychiatric Nurse (RPN)* Enoch Cree Nation Health Center

Chris Schoepp *Registered Provisional Psychologist* Stoney & Tsuut'ina Health Teams

Katelyn Favel, MSc.OT *Occupational Therapist* Renfrew Educational Services

Irene A. Barrett *Registered Psychologist, Renfrew Educational Services* Tsuut'ina Nation

