

January 2023 - Kisepisim - cold month



Fort Chipewyan winter ice road - northern Alberta

"It is in the journey that one becomes wise"

Richard Wagamese, Ojibway:

Cree: to travel - pimohtaho

Happy New Year....often the time for reflection and the making of new plans and goals.

Our Elders have always shared that we must acknowledge our home fires first, those places where we come from; our homes, families, communities and our ancestors. We must look to those who came before us as that DNA factor is carried on in our beings and then, using this profound energy, create movement forward with courage and an authentic sense of who you are and your life's purpose. Spend time with the old ones who can share the stories. Truly for all people, coming to know the stories of your ancestors and the land from which you come, has the ability to inform and motivate us in ways we may not have previously considered.

I challenge you to make this a goal for 2023, to embark on this important personal journey, as suggested by Richard Wagamese, and astound yourself with the new discoveries and the wisdom you will gain from the experience. I wish all of you a great Q3!



Joanne



A reminder that course changes for Q3 will take place on Feb. 2nd and 3rd. Please feel free to reach out to us, here in Student Services, whether it be your schedule, career planning or personal. We are here for you!



**Feb. bus passes on sale:
Jan. 31 - Feb. 9**



Writing the Right Resume for Job and Scholarship Applications - Great Article!!!

[Writing the Right Resumé for Job and Scholarship Applications - SchoolFinder.com!](#)

SCHOLARSHIP INFO!

Eaton - Indigenous Clean Energy Scholarship: Spring 2023

⌚ Scholarship Amount:
\$5,000

📅 Deadline:
February 28, 2023

[Eaton - Indigenous Clean Energy Scholarship: Spring 2023 - ScholarshipsCanada.com!](https://www.scholarshipscanada.com/scholarships/61273/Eaton-Indigenous-Clean-Energy-Scholarship-Spring-2023)

Canada's Luckiest Student 11

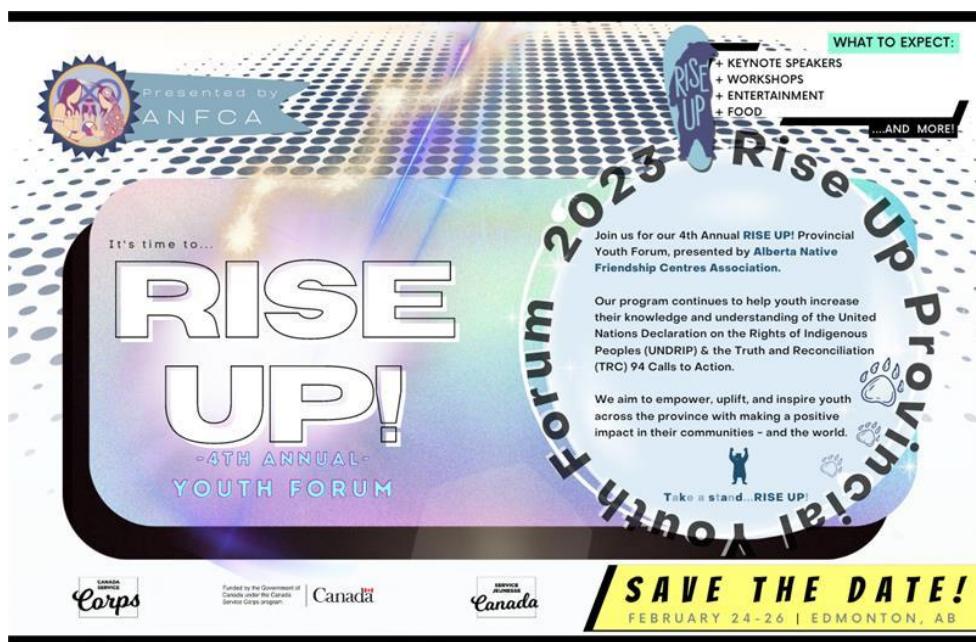
⌚ Scholarship Amount:
\$60,000

📅 Deadline:
May 31, 2023

<https://www.scholarshipscanada.com/scholarships/61273/Canada%92s-Luckiest-Student-11>

Alberta Aboriginal Youth Council "Rise Up" Conference!

Please join us for an amazing weekend of workshops, keynote speakers, entertainment, and fun! There will be food/refreshments, free giveaways, and a chance to enter in our raffle draw!



LEARN HOW TO POW WOW DANCE!

Creating Hope Society Presents

Community Powwow Practice

Every Tuesday Evening: 5:30PM - 7:30PM
Located at the Edmonton Intercultural Centre
Gymnasium
9538 107 Avenue

Everyone welcome to join!
People of all ethnicities, abilities, and identities welcome to join & participate



Rainbow flag, Canada flag, and Indigenous symbols.

METIS NATION YOUTH AND SENIORS GATHERING

7TH ANNUAL
MÉTIS NATION OF ALBERTA
Youth & Seniors Gathering
Community in Kinship

FEBRUARY 10-12, 2023
River Cree Resort and Casino, Edmonton AB

Registration is open to Métis Nation of Alberta seniors ages 60+ and youth ages 12-29

∞ Cultural workshops
∞ Artisan Market
∞ Musical performances

For more information call 780-455-2200 or email youth@metis.org

[Facebook](#) [Instagram](#) [Twitter](#) @ABMetisyouth #YSG2023 #CommunityinKinship



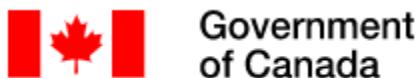
WELLNESS SUPPORTS:

Here To Help - Indigenous



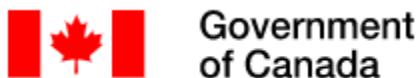
<https://www.heretohelp.bc.ca/infosheet/depression-a-guide-for-aboriginal-people>

Indigenous Mental Health - Government of Canada



<https://www.sac-isc.gc.ca/eng/1576088923626/1576088963494>

Mental Health Counseling Benefits for First Nations and Inuit



Eligibility:

To be eligible, a client must be a resident of Canada, and **one** of the following:

- a First Nations person who is registered under the Indian Act (commonly referred to as a "Status Indian")
- an Inuk recognized by an Inuit land claim organization as outlined in Inuit client eligibility for the NIHB program
- a child less than 2 years old whose parent is an NIHB-eligible Client

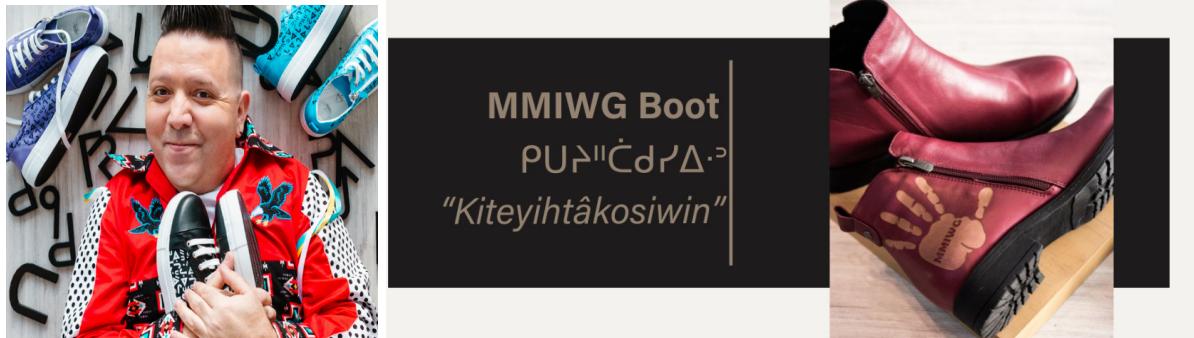
<https://www.sac-isc.gc.ca/eng/1576441552462/1576441618847>

Wellness Together Canada



<https://www.wellnesstogether.ca/en-C>

FEATURE ARTICLE:



Kunitz Shoes, Indigenous artist Lance Cardinal team up to celebrate First Nations culture

"I am so inspired and thrilled to be working with one of Edmonton's most established shoe companies, Kunitz Shoes, to create my FIRST collection of Indigenous inspired footwear!"

What an opportunity to showcase the beauty and traditions of the Indigenous people here in Treaty 6 territory, creating another ground breaking example of reconcili-ACTION here in Edmonton. These designs are inspired by the traditional teachings and languages of the First Nations and Métis people."

-Lance Cardinal

Full story here:

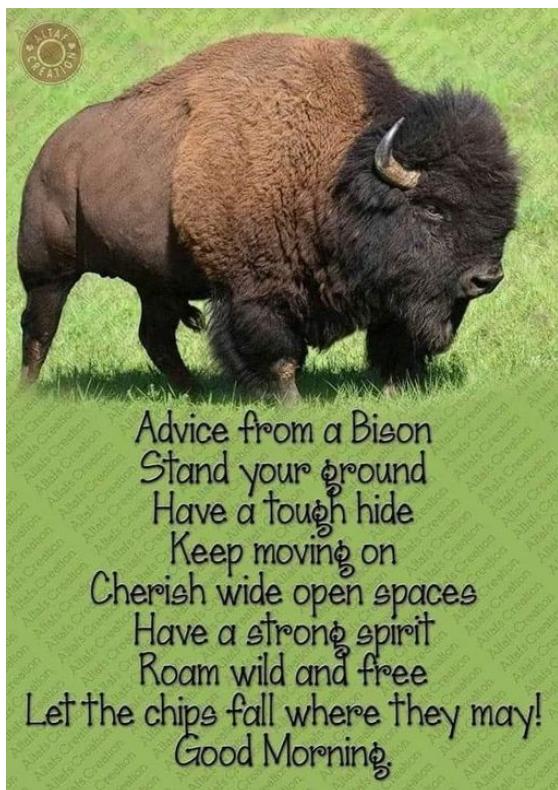
[Kunitz Shoes, Indigenous artist Lance Cardinal team up to celebrate First Nations culture - Edmonton | Globalnews.ca](https://globalnews.ca/news/canada/kunitz-shoes-indigenous-artist-lance-cardinal-team-up-to-celebrate-first-nations-culture-edmonton/)

PIITA AAPASSKAAN STORY - Video

Kyle Young Pine story - Kyle Young Pine grew up in Calgary Alberta, distant from his Blackfoot customs and traditions. **Skateboarding saved him from the generational traumas he faced as a child, but it was in Fancy Feather Dancing where he found his truest self.** Drum performances by Dana Goulet Jr.



Watch video here: [Piita Aapasskaan](#)



Have a great month!