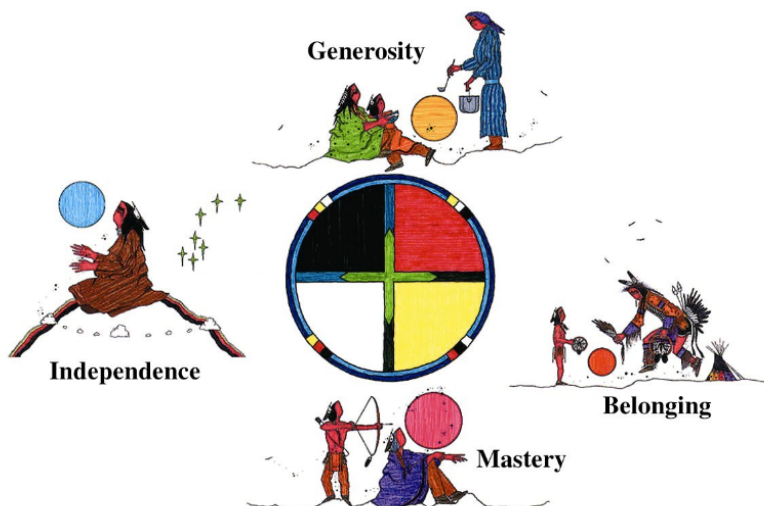


# mîkisô-pîsim - Eagle Month

February, 2023



*Our Cree medicine wheel acknowledges four quadrants with many different teachings and ways of knowing. In Martin Brokenleg's "Circle of Courage" above, he expands on four slightly different quadrants which also contain teachings and ways of knowing that are applicable to miyo pitmatsiwin - a good life.*

***Belonging*** - encompasses relationships built on trust.

***Mastery*** - reflects the nurturing of our curiosity and that we can succeed in this world.

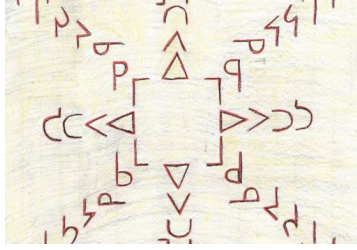
***Independence*** - evolves from responsibility, which in turn, strengthens our ability to be self-empowered and make decisions.

***Generosity*** is nurtured by concern for others and therefore, the ability to gain perspective of our purpose in life.

*It is the intersection of these four quadrants where you can start to build a foundation for the creation of positive relationships, good direction and clear visioning.*

*A reminder to keep on top of your classes and attend daily. Know that we are here to help and support you along the way. I wish you a great long weekend, take some time to spend in the outdoors and in sharing your gifts and talents with others. We hope to update everyone on your academic details to date, so please keep an eye out for my email with important progress information.*

ekosi maka, Joanne



Learn Cree - check out the video with Reuben Quinn,  
**Articulation | Nehiyaw Language Video Resources**

<https://www.youtube.com/watch?v=ej7KmOubQIQ>



**Bus passes are on sale now until March 8th.**



**Tawâw Club**  
(All are Welcome)  
Rm. 318, 11:30 - 12:25 p.m.



Join us for a gathering of creative minds of diverse backgrounds,  
building strength together.

**March 7 - Tipi teachings**  
**March 14 - Finger weaving**  
**March 21 - Sharing Circle/bannock & tea**

Contact: Joanne Ladouceur - Indigenous Liaison / Student Services



## Empowering diversity and inclusion in the **TRADES!**

Explore your potential and discover a career that works for you in the skilled trades. Participants must be 16 years or older to participate. Registration is free.

- Breakfast and lunch will be provided during the day.
- For your safety during our workshops please wear long cotton pants and closed-toed shoes and be sure to tie your hair back.

### Upcoming dates:

[March 18](#) - Hands-on workshops and panel discussion centering on lived experiences of Aboriginal peoples, Black and racialized communities, newcomers & refugees

[March 25](#) - Hands-on workshops and panel discussion centering on lived experiences of the 2SLGBTQIA+ community in the skilled trades

Register here: [Next in Trades - NAIT](#)

- Plumber
- Electrician
- Instrumentation
- Cabinetmaker
- Industrial Mechanic (Millwright)
- Carpenter
- Machinist/Computer Numerical Control
- Insulator
- Glazier
- Culinary Arts/Baking and Pastry Arts/Professional Meat cutting and Merchandising

## INTERESTED IN NURSING? MEET 3 INDIGENOUS NURSES.....



1.



2.



3.

1. Athanasius Sylliboy is a nurse practitioner in Eskasoni, N.S. (Submitted by Athanasius Sylliboy)
2. Lauren Decontie is Cree and Algonquin from Mistissini, Que., and will soon be starting a job as a home care nurse. (Submitted by Lauren Decontie)
3. Jessy Dame works as a nurse at a sexual health clinic in downtown Vancouver as well at a neonatal intensive care unit. (Submitted by Jessy Dame)

MORE INFORMATION ON NURSING AND HOW TO GO ABOUT IT, CAN BE FOUND HERE:

[How to Become a Nurse - SchoolFinder.com!](https://www.schoolfinder.com/learn/how-to-become-a-nurse)



\$10,000

Paying for post-secondary can be a huge challenge for students who have lost a parent or guardian with little to no life insurance. That's why Manulife Life Lessons Scholarship Program is design to help support students in pursuing their post-secondary dreams.

### Who can apply?

Any student who is currently enrolled in or has been accepted to a college, university or trade school within Canada and:

- Is a permanent resident of Canada;

- Is between 17 and 24 years of age at the time of application;
- Has experienced the death of a parent or legal guardian who had little or no life insurance coverage.

Application and add'l. Info can be found here:

[Manulife Life Lessons Scholarship Program - ScholarshipsCanada.com!](https://www.scholarshipsCanada.com/Manulife-Life-Lessons-Scholarship-Program)



## LOOKING TO VOLUNTEER THIS SUMMER??

### Summer Camp Volunteer

This position runs from July to August and it is open to any student at least 15 years of age. The role involves at least two half-day shifts a week (volunteers can decide between morning or afternoon shifts). More info can be found here:

<https://mail.google.com/mail/u/0/?tab=rm&ogbl#inbox/FMfcgzGrcXrRIFMPXMSNLbXzZdWjCFdM?projector=1&messagePartId=0.1>

Check out “**Black on the Prairies**” - Many people on the Prairies identify as ***Afro-Indigenous/Black-Indigenous***, holding ancestry of both North American Indigenous people and the African diaspora. For Tasha Spillett, becoming a mother was an opportunity to pass on shared teachings, heal broken ties and create new memories.

By tasha Spillett, for CBC First Person

Reference: [Hair and the ties that bind](#)



A family portrait with parents Lenard Sumner and Tasha Spillett and nine-month-old baby Isabella. (Travis Ross)

**CREE RESEARCHER, Jessica Koloponuk  
New Alberta Health Services Chair in Indigenous Health**



*"It's not only about including [Indigenous] knowledges and perspectives in research and policy. It's about having control over the knowledge production that impacts us – knowledge that is about us, our territories, and our communities and relatives."* Cree researcher Jessica Koloponuk understands the importance of bringing Indigenous knowledge and governance to health and research policy. As of this month, she will be in an ideal position to support that goal.

**Full Story here:**

<https://www.ualberta.ca/folio/2023/02/new-ahs-chair-will-bring-indigenous-perspectives-to-health-research-and-policy.html>

## Soaring: Indigenous Youth Empowerment Gathering

May 9 & 10, 2023 | Edmonton Convention Centre | Edmonton, AB



Soaring 2023 is back in Edmonton! Taking on a hybrid format for the first time, high school students from across the country will learn about career and post-secondary education options by participating in career workshops either in person or virtually. They'll also learn more about financial support and meet Canada's top employers.

This year we are introducing a new two-day format taking place at the Edmonton Convention Centre with post-secondary campus visits and a hybrid platform which will allow students and educators to access event content in person or from their classroom if they can't travel to attend.

The virtual Soaring experience will be hosted on Pheedloop, a virtual event platform. Pheedloop will facilitate registration and house all workshops, resources, and tradeshow content during the event. Panel discussions, workshops, and performances will also be live-streamed through this platform.

Registration opens soon!

### *Edmonton police recruiting more officers from diverse life experiences*

More than 60 per cent of hired recruits were from diverse backgrounds for  
2020-22



Over the past three years, more than 60 per cent of new recruits identified as Indigenous, people of colour or gender or sexually diverse — a total of 159 hires:

- 2020: 40 of 64 recruits.
- 2021: 55 of 91 recruits.

- 2022: 64 of 106 recruits.

Of the hires from last year, 7.6 per cent were Indigenous and 49 per cent were people of colour.

Full story here:

<https://www.cbc.ca/news/canada/edmonton/edmonton-police-diversity-recruitment-1.6>

[745247](#)

