

Tanis....Happy Friday!

I read this week, that certain parks will be reopening in St. Albert where I live. It was encouraging to read this as recently I had taken my Grandson to the school yard and all he wanted to do was run directly to the playground, however the playground was closed. When I thought about it, I realized that COVID has changed so many aspects of how we used to live our lives. What we have to consider now is how we will move forward given our new environments which have been created from this pandemic. What would you like to do with your life? What new path will you consider for yourself? What dream do you still hold onto or have you had to reconsider plans? All of these questions, but one thing which has not changed is the ability to create that which you desire. Write your story, a new story and make sure it's YOUR story.

Have a great weekend....stay positive, stay healthy and strong and keep moving forward.  
Joanne



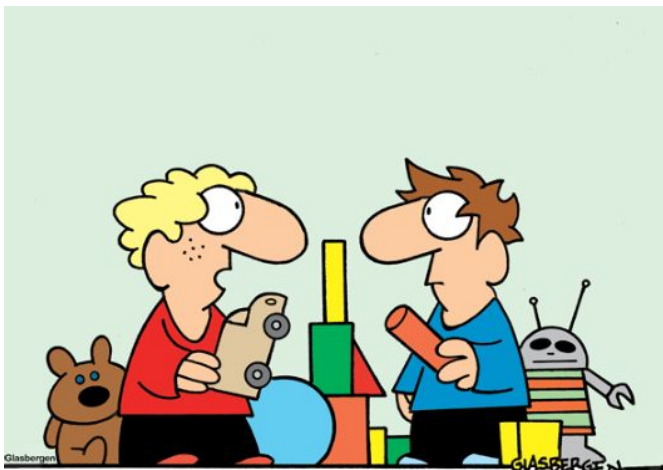
Check out Lisa Shepherd's (Metis artist), COVID masks:

<https://www.cbc.ca/news/indigenous/facebook-group-indigenous-masks-1.5544397>



If you are aging out and require help in figuring out what to do next, send me an email and we can check into ideas, options and funding! Look forward to hearing from you!

Don't believe there is funding for this one:



**"When I grow up, I want to be an app."**

