

niski-pīsimw - Goose Moon - March



sikwan - Spring

Warmer days appear to be here to stay and with that, new life and new beginnings. I want to revisit the Martin Brokenleg, “Circle of Courage” and will be expanding on the teachings of the quadrants. This month, we will speak about **“Belonging”**. The main idea behind belonging is knowing that YOU are important. Strengths connected to the concept of belonging are; trust, inclusion, warmth, friendship and cooperation. Counter strengths to belonging are distrust, exclusion, detachment, rejection and antagonism.

Ways that we can support belonging would be things like, working cooperatively, joining in discussions, showing sensitivity to others and taking time to talk with others. Today we often hear about isolation and when we think about Belonging represented in the Circle it becomes an important reminder that everyone is indeed, important and that all are included in the circle, as we say in Indigenous country.

Have a wonderful break, enjoy the freshness of spring!



Joanne Ladouceur

Cultural Liaison

April Bus Passes- NO CASH ACCEPTED

Will be on sale from Monday, April 3 - 6th.

| | | | |
|---------------------------|----------------------------|------------------------------|------------------------------|
| Monday, Apr. 3 | Tuesday, Apr. 4 | Wednesday, Apr. 5 | Thursday, April 6 |
|---------------------------|----------------------------|------------------------------|------------------------------|

**IF YOU FEEL THAT YOU NEED SOMEONE TO TALK WITH,
HERE ARE A COUPLE OF RESOURCES:**



**Mental Health Services Available. Please book an appointment
with a doctor to discuss.**

Request Now

<https://aivcc.ca/>

**WELCOME TO THE
HOPE FOR WELLNESS
HELPLINE**

Whether you prefer to talk to someone on the phone or online,
we're here to support you anytime.

Chat Online

Call Us at 1-855-242-3310

[Hope for Wellness Helpline](#)

**ENTREPRENEURSHIP.....NEED INFORMATION OR IDEAS,
YOU WILL WANT TO ATTEND THIS ONE:**



[Edmonton Inn & Conference Centre, Kingsway Northwest, Edmonton, AB, Canada](#)

Map

WHEN: Fri Mar 24, 2023 9:00 AM - Sun Mar 26, 2023 6:00 PM

WEBSITE: <https://www.metisyouthsummit.com/registration>

Rupertsland Institute Métis Centre of Excellence hopes to **explore, support, and collaborate** with Métis youth (**aged 15-29**) to inspire them, provide guidance, and direction with resources that will help to kick start their side hustles. The focus of the workshops and speeches will be on lessons learned, and inspirational stories.

Calling All Adventurers!

This Degree Program Could Be For You!

Ecotourism and Outdoor Leadership program.



Mount Royal University, more info can be found here:

<https://www.schoolfinder.com/Discover/Article/1/6341/Calling-All-Adventurers!-This-Degree-Program-Could-Be-For-You>



March 25 - Hands-on workshops and panel

discussion centering on lived experiences of the 2SLGBTQIA+ community in the skilled trade.

<https://www.nait.ca/nait/schools-programs/school-of-skilled-trades/beyond-the-classroom/next-in-trades>



2023 Native Hockey Alberta Provincial Championships, Edmonton, April 6 - 9th. WEBSITE:
<http://www.nhac.ca/>



[River Cree Resort and Casino, East Lapotac Boulevard, Enoch, AB, Canada](#) **Map**

WHEN: Fri Apr 7, 2023 6:00 PM - Sun Apr 9, 2023 6:00 PM

ALL ARE WELCOME!



WHEN: May 4, 2023 **WHERE:** Online **INVESTMENT:**

Free! Still I Rise is for all grade 6-12 youth in Canada.

This event serves as an excellent opportunity to support Indigenous and non-Indigenous students alike in walking together towards reconciliation.

Register here: <https://www.eventbrite.ca/e/still-i-rise-may-4-2023-tickets-470276428457>

One of my hero's - Cindy Blackstock



Leading advocate steadfast in vision that “no child is left behind”.

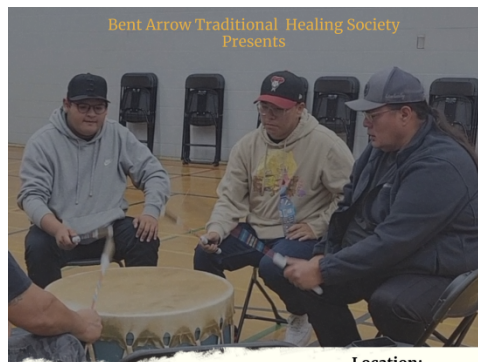
For the past decade, her tenacious advocacy has been fuelled by evidence-based research centered in the University of Alberta's [Faculty of Education](#). In 2012 she founded the [First Nations Children's Action Research and Education Service \(FNCARES\)](#) in partnership with her society. Full story here:

<https://www.ualberta.ca/folio/2023/03/leading-advocate-steadfast-in-vision-that-no-child-is-left-behind.html>

BENT ARROW TRADITIONAL HEALING SOCIETY

Check out the amazing program at Bent Arrow here:

<https://bentarrow.ca/programs/>



**Pow Wow
Night Practice
6 - 8 pm**

Location:
Parkdale School
Gymnasium
Edmonton, AB
11648 - 85 St

**Thursday
January
2023**

- Jan 5th
- Jan 12th

**Thursday
Febuary
2023**

- Feb 2nd
- Feb 9th

**Thursday
March
2023**

- Mar 2nd
- Mar 9th

**Thursday
April
2023**

- Apr 6th
- Apr 13th

EVERYONE WELCOME

