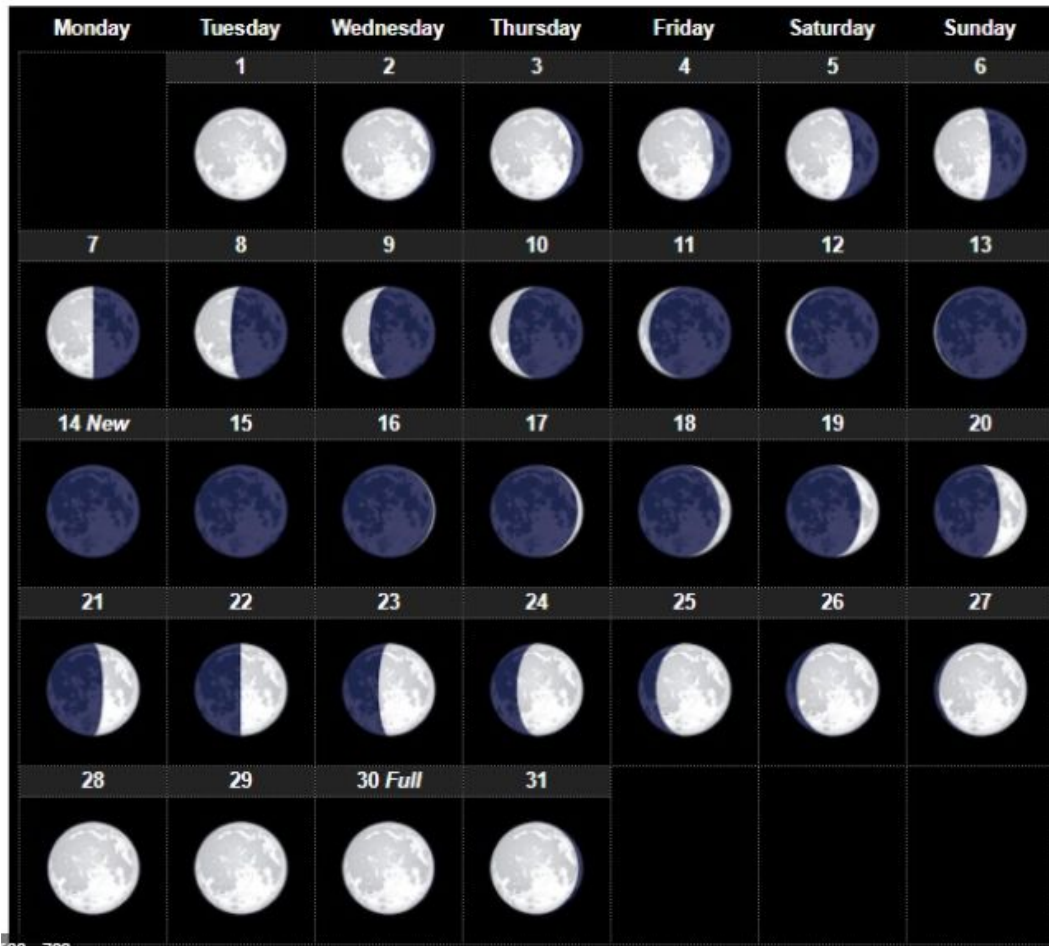


December - drift clearing month - pawahcakinasi

DECEMBER 2020



880 x 702

Welcome to the last Indigenous student newsletter of 2020, truly a year which will be long remembered for the pandemic and adapting to an environment which we thought only existed in the movies. The last day of school will be June 28, 2021 and so we are almost half way through the year.

Winter time in the Indigenous culture was a time to "go within ", the season of "storytelling" and "dreaming". As we approach the shortest day of the year, the winter solstice on December 21st., take some time to enjoy the night sky. I am including a couple of short videos by Indigenous Astrologist, Willfred Buck who will share some insight on the winter sky from an Indigenous worldview.

Moving forward, just a reminder to make sure that you are maintaining contact with your teachers and let them know right away of any challenges you may be experiencing. Help early on will support a positive outcome down the road.

Heading into the Christmas season, please know that Sacred Heart Church of the First Peoples will be offering hampers to families in need (as long as you have not registered with another agency) and deliveries are being made on Saturday, Dec. 19th....please contact them as soon as possible if you would like to receive a Christmas food hamper (780) 422 3052.

I want to wish each and everyone of you a Christmas that is peaceful and happy and that you are able to appreciate the little things in life which can bring joy and perspective.

May 2021 be filled with bright and beautiful, new beginnings!

Joanne

SACRED HEART CHURCH OF THE FIRST PEOPLES' - CHRISTMAS FOOD HAMPERS....CALL: (780) 422 3052
(Call soon as delivery is next weekend).



Winter Solstice

<https://www.youtube.com/watch?v=dX5F9zRYfQ0>



The Northern Lights

https://www.youtube.com/watch?v=fd18NxiH_BQ

Indigenous beaders from across Canada, contributed to the creation of the map below.



<https://www.cbc.ca/news/indigenous/beaded-map-canada-completion-1.5712673>

METIS STUDENTS - CHROMEBOOK OFFER!



GRADE 7-12 CHROMEBOOK APPLICATION

In response to community needs caused by the COVID-19 pandemic, RLI has launched an additional initiative with support from the Métis Nation of Alberta.



FOR MORE INFORMATION REACH OUT OR VISIT:

 education@rupertsland.org  1-855-616-9977

 www.rupertsland.org

PHASE 2 CHROMEBOOK INITIATIVE

 **Chromebooks for Métis Students Grades 7-12**

Rupert's Island Institute (RII) and the Métis Nation of Alberta (MNA) are providing a limited number of Chromebooks to support Métis students in GRADES 7-12 who will be returning to on-line learning effective November 30, 2020. We are launching this initiative in response to the province's mandatory restrictions which are in effect to protect the health system and slow the spread of COVID-19. Chromebooks will be given to card-carrying citizens of the Métis Nation of Alberta, and/or to families who have chosen to self-identify their children at the time of registration with their current school. These Chromebooks are for families to keep & to support their child's lifelong learning.



Any Indigenous person and their family in Alberta can see a doctor through their phone or computer.

Call Us: 1 888 342 4822

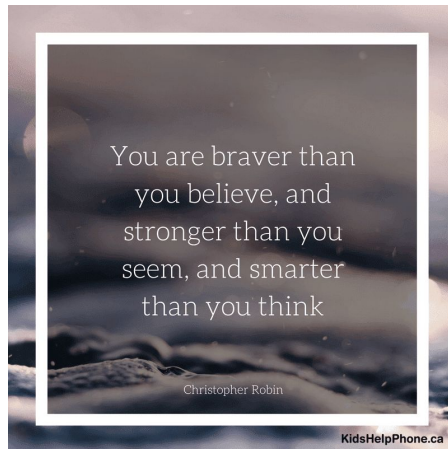
30 inspirational quotes to lift you up

....brought to you by the Kids Help Phone

https://kidshelpphone.ca/get-info/worry-rockets/?utm_source=Kids+Help+Phone%E2%80%99s+Indigenous+Initiatives+Network&utm_campaign=c8cf12cac0-EMAIL_CAMPAIGN_2020_03_05_08_49_COPY_01&utm_medium=email&utm_term=0_a248906dbe-c8cf12cac0-237531990

You can also chat 24/7 with a trained, volunteer Crisis Responder for support on anything you're going through.

Text CONNECT to [686868](tel:686868)





Just keep swimming
- Dory

KidsHelpPhone.ca



Anyone who has never made a mistake
**HAS NEVER TRIED
ANYTHING NEW**

Albert Einstein

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Tough times never last,
tough people do.

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*There's no one
else in the world
who's just
like you*

KidsHelpPhone.ca



*this is the
beginning of
anything you
want*

KidsHelpPhone.ca



Our greatest
glory is not in
never falling -
but in rising
every time
we fall

Confidence

KidsHelpPhone.ca



**It might be
stormy now,
but rain doesn't
last forever**

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If plan A doesn't work out, the
alphabet has 25 more letters.

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Surround yourself only with
people who are going to take you

higher

Oprah Winfrey

KidsHelpPhone.ca



LOOK AT HOW
FAR YOU'VE
COME... AND
THEN KEEP
GOING.

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DESPITE THE FORECAST,
LIVE LIKE IT'S

spring

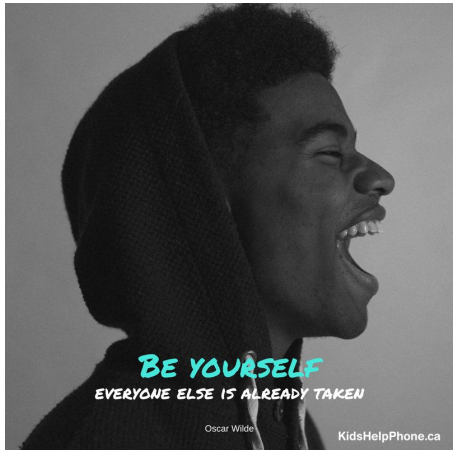
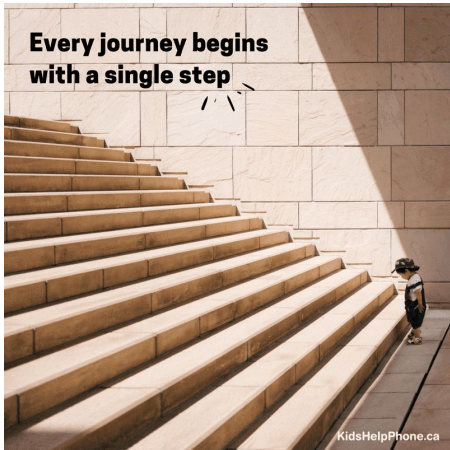
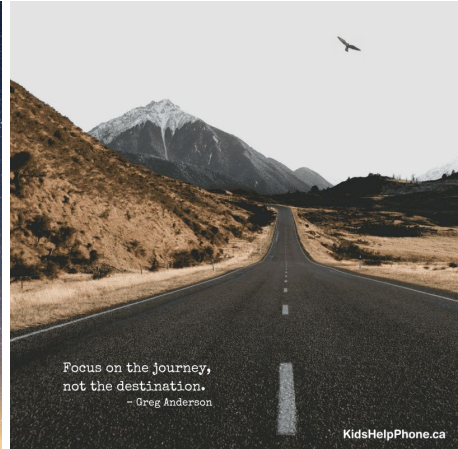
LILLY PULITZER

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It's just a bad day,
not a bad life

KidsHelpPhone.ca



Last Updated Wednesday, November 25, 2020 5:05PM MST

